

Coaching Plan Comparison Sheet

	Coaching 101: Discovery	1:1 Coaching	Semi-Private Coaching (SPC)	Group Coaching	EdMind Group
Description	Intro to Coaching for 1:1, SPC, & Group	Individual Coaching	2-3 people per group	4-8 people per group	Up to 10 people per group
Sessions Per Month	4	2	2	2	2
Length	One month only	Per client needs	Per client needs	Per client needs	Per client needs
Additional Support	<ul style="list-style-type: none"> Email support Newsletter Assessments 	<ul style="list-style-type: none"> Email support Newsletter Assessments Access to select audio lessons Between session motivation calls 	<ul style="list-style-type: none"> Email support Newsletter Assessments Access to select audio lessons Group texts 	<ul style="list-style-type: none"> Email support Newsletter Assessments Access to select audio lessons Group texts 	<ul style="list-style-type: none"> Email support Newsletter Coaching Guide sheets <p>Coming Soon!</p>
Price per person per month	\$350 \$175	\$295 \$250	\$125	\$100	\$75